December 2021

IN PERSON + VIRTUAL

Per SF Department of Public Health recommendations, all OFC office and childcare visitors 12yrs & older must be vaccinated and masked.

**TRAINING SERIES**

**WednesdayS**  
December 1, 2021-February 23, 2022  
6 – 8pm

**Triple P: Positive Parenting Program**  
VIRTUAL: SECURE ZOOM VIDEO ONLY

Over the course of 12 weeks, parents and caregivers of children from 0 to 12 years learn about their child’s social and emotional development, and practice approaching behavioral challenges with structured, consistent, effective responses. The result: more time and energy for the joyful activities that build positive parent-child relationships! Led by OFC Family Programs Director & licensed Triple P facilitator Shareena Clark Ascher.

**CHILDcare**

**WednesdayS & ThursdayS**  
December 1, 2, 8, 9, 15, & 16  
10am - 2pm

**On-Site In-a-Pinch Childcare**  
IN PERSON @ OFC: 1385 MISSION ST., #330, SAN FRANCISCO

Let us play with your little one(s) in our childcare space as you relax—or catch up on work—in our office next door. For your kids: we’ve got loads of fun toys, great books, art supplies, music (& music makers!) and more. For you next door we’ve got comfortable chairs, a library of LGBTQ+ parenting books, a kitchen, and WiFi.

**PLAYGROUPS**

**SundayS**  
10am - 12pm

**@ Destiny Arts in Oakland:** December 5 & 19  
970 GRACE AVE., OAKLAND

**@ OFC in SF:** December 12  
1385 MISSION ST., #330, SAN FRANCISCO

**LGBTQ+ Parent-Child Playdate**  
(infants & toddlers 0-5 years)

Come one, come all, in-person &/or virtual, infant &/or toddler! Maintaining connection to community during this isolating time is critical, both for our kids and ourselves. In whatever way feels safest to you, we welcome you to reinvigorate together with others raising little ones the same age as yours. Music, movement, storytime, and more.

**SUPPORT GROUPS**

**MondayS**  
December 6  
6 – 8pm

**Community Drop-In: LGBTQ+ Parents & Caregivers**  
VIRTUAL: SECURE ZOOM VIDEO

Build community however it works best for your family: virtually, or in person. Either way you connect, you’ll find a safe space to be together and help one another’s families thrive.

**THIS MONTH:**  
VIRTUAL ONLY

**QTBIPOC Parents Trans & GNC Parents Groups:**  
not meeting this month  
DUE TO WINTER BREAK OFFICE CLOSURE

Looking forward to seeing you in January 2022!